



BE HAPPY now live

FIND BALANCE THROUGH CHANGE

For **ambitious** and *in-their-head* **women** who want **Self/Spiritual connection**.

Meet your **Authentic Self** and create an **unshakeable personal manifesto** so that you can **live in your center** (no matter what life throws at you).

Transform your **relationship with change** and design a life of intention, **impact** and innate **leadership** that lights you up from within.

SCAN HERE
TO REGISTER



FRIDAY DEC 12 2025

09.00 AM - 12:30PM
FAIRFIELD HOUSE, NELSON

SOLO TICKET > \$ 222

DUO TICKET > \$ 111)

(YES, WHEN YOU BRING A FRIEND
YOU GET A MASSIVE DEAL)

BASED ON
THE BE HAPPY NOW SHOW
PODCAST

*Includes Release & Refresh Session
Through Embodied Movement with
Surprise Guest 🌍*